

**21 NCAC 19 .0405            HAND HYGIENE**

- (a) Electrologists shall cleanse their hands by handwashing or by degerming through hand antisepsis:
  - (1) before and after treatment on each client;
  - (2) before donning gloves;
  - (3) immediately after gloves are removed; and
  - (4) immediately, if bare-handed contact with blood, body fluids, secretions, excretions, non-intact skin, mucous membranes or contaminated equipment occurs.
- (b) As used in this Rule, handwashing includes:
  - (1) wetting hands with running warm water and applying plain soap in the amount recommended by the manufacturer;
  - (2) rubbing hands together at least 15 seconds, covering all surfaces of hands, including between fingers and fingernail areas;
  - (3) rinsing hands under a stream of water;
  - (4) drying hands with a clean disposable paper towel;
  - (5) turning faucets off with the paper towel; and
  - (6) disposing of the paper towel in a covered receptacle.
- (c) As used in this Rule, hand antisepsis is achieved by:
  - (1) applying the product label recommended amount of an antiseptic alcohol-based gel or rinse to the palm of one hand;
  - (2) rubbing hands together, covering all surfaces of hands, especially between fingers and fingernail areas; and
  - (3) continuing to rub hands together at least 15 seconds or until the alcohol dries.

*History Note: Authority G.S. 88A-16;  
Eff. December 1, 2010;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*